



MISSOULA
COUNTY PUBLIC SCHOOLS

**Health and Wellness Leadership Council
Minutes
Wednesday, January 7, 2009, 2:30-4 p.m.,
Room 25, Administration Building
215 S. 6th St. W.**

Council members attending: Becker, Mizner, Simon

Others attending: Arno, Bellin

Subcommittee Reports

Access to Health Care – Simon

- Haven't met since rubric finished as a result of turnover in resource centers.
- Need to provide more inservice.
- Using Zangle for health records, immunizations.

Environmental Health – Mizner

- Built Environment-new term, this concept plans for family recreation.
- Things are happening and now expanded from the committee into the community to the city council, school, etc., involving neighborhood councils.
- Considers inside environment of schools.
- Are their environmental groups within schools?
- Increase in gardens, added at school sites.

Recommendation: continue discussion of Built Environment. Include schools and parents.

Nutrition – Arno

- Between proficient and superb on elementary rubric in most areas.
- Increase of vegetables and fruits in school lunches.
- Work this year has focused on high school rubric.
- Printed a snack recommendation sheet for families and teachers before Halloween.
- Going to do student focus groups in each high school about changes and ideas for foods in the lunchroom.
- Will consider competition from other food offerings, i.e. coffee cart.
- Cafeteria can't support all students for lunch; there isn't enough room.
- Discussion about snack choices.

Mizner-Addis' leadership has made a change in the schools. Arno-nutrition committee work has impacted the school lunch program.

Next Steps

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Public Comment

Bellin - thanked school district for Arno and Addis' efforts. This is a culture change in schools and in the nation. Appreciates Dr. Apostle's feelings that Missoula can be first and is the best. Recommends the Better School Food website. Should reach out to partner organizations and recruit more participation.

Hope that we meet more than once. Happy to volunteer to get other parents. Will go to Helena to find funding to support these efforts